## MODULE 1: INTRODUCTION TO NETWORKS

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## WHAT IS A NETWORK

"Two or more connected computers that can share resources such as data and applications"
Determined by:

- Type of Computer
- Topology
- Interconnection device


## CLIENTS AND SERVERS

## Types of Computer

- Workstation / Client
- Server
- Types of Network
- Peer-Peer
- Client-Server


## NETWORKING TOPOLOGY

## BUS



## NETWORKING TOPOLOGY

## Star (Hub and Spoke)



## NETWORKING TOPOLOGY

## RING



## NETWORKING TOPOLGY

## MESH



## NETWORKING TOPOLOGY

## Backbone and Segments



## NETWORK TYPES

LAN - Local Area Network MAN - Metropolitan Area Network WAN - Wide Area Network PAN - Personal Area Network

## RACK MOUNT SERVERS

These are servers designed to be bolted into a framework called a rack and thus are designed to fit one of several standard size rack slots, or bays. They also require rail kits, which when implemented allow you to slide the server out of the rack for maintenance.

One of the benefits of using racks to hold servers, routers, switches, is that a rack gets the equipment off the floor, while also making more efficient use of the space in the server room and maintaining good air circulation. Measure in U where $1 \mathrm{U}=1.75$ inches high.


## TOWER SERVERS

A Tower server bears the most resemblance to the workstations you are used to working with. When many of these devices are used in a server room, they reside not in the rack but on shelves.


## BLADE SERVERS

Consists of a server chassis housing multiple thin, modular circuit boards, known as server blades. Each blade (or card) contains processors, memory, integrated network controllers, and other input/output (I/O) ports. Servers can experience as much as an 85 percent reduction in cabling for blade installations over conventional 1U or tower servers. Blade technology also uses much less space


## MODULE 2:THE OSI REFERENCE MODEL

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## THE OPEN SYSTEMS INTERCONNECTION MODEL

The OSI model is the primary architectural model for networks.

- It describes how data and network information are communicated from an application on one computer through the network media to an application on another computer.
- The OSI reference model breaks this approach into 7 layers.
"All People Seem To Need Data Processing"


## OSI REFERENCE MODEL

## 7 APPLICATION

6 PRESENTATION

5 SESSION

4 TRANSPORT

3 NETWORK

2 DATALINK

1 PHYSICAL

## 7 APPLICATION

The application layer provides connectivity between users and application processes to access network services. This layer contains a variety of commonly needed functions:

- Resource sharing NFS FTP HTTP
- Network management SNMP TELNET
- Directory services LDAP
- Electronic messaging (such as mail) SMTP, POP3


## 6 PRESENTATION

The presentation layer formats the data to be presented to the application layer. It acts as the 'translator' for the network.

The presentation layer provides:

- Character code translation.
- Data conversion.
- Data compression: reduces the number of bits that need to be transmitted on the network.
- Data encryption: encrypt data for security purposes. For example, password encryption.


## 5 SESSION

The session layer allows session establishment between processes running on different stations. It provides:

- Session Management - establishment and termination between two application processes on different machines
- Session support allowing processes to communicate over the network, performing security, name recognition, logging, and so on.


## 4 TRANSPORT

The transport layer ensures that messages are delivered error-free, in sequence, and with no losses or duplications.
The transport layer provides:

- Message segmentation
- Message acknowledgment
- Message traffic control
- Session multiplexing
- Transmission Control Protocol (TCP) / User Datagram Protocol (UDP) both work at Layer 4


## 3 NETWORK

The network layer controls the operation of the subnet, deciding which physical path the data should take based on network conditions, priority of service, and other factors. It provides:

- Routing
- Subnet traffic control through the use of a router (Layer 3 Intermediate system)
- Frame fragmentation
- Logical-physical address mapping
- Internet Protocol (IPv4 / IPv6)


## 2 DATALINK

The data link layer provides error-free transfer of data frames from one node to another over the physical layer. The data link layer provides:

- Link establishment and termination
- Frame traffic control
- Frame sequencing
- Frame acknowledgment
- Frame error checking
- Media access management


## OSI - DATALINK LAYER

The IEEE Ethernet Data Link layer has two sublayers Media Access Control (MAC)
Logical Link Control (LLC)
Devices which work at Layer 2 include:

- Switch
- Network Adaptor
- Bridge


## OSI - DATALINK LAYER - IEEE 802 STANDARDS

| IEEE 802. STANDARD | Topic |
| :---: | :---: |
| 802.1 | LAN/MAN Management |
| 802.2 | Logical Link Control |
| 802.3 | CSMA/CD ETHERNET |
| 802.8 | Fiber-Optic LAN/MAN |
| 802.10 | LAN/MAN Security |
| 802.11 | Wireless LAN |
|  |  |

## 1 PHYSICAL

The physical layer is concerned with the transmission and reception of the unstructured raw bit stream over a physical medium. It provides:

- Data encoding
- Physical medium attachment
- Physical medium transmission

Devices that work at Layer 1 include:

- Hub
- Repeater
- Media Convertor


## PLEASE DO NOT THROW SAUSAGE PIZZA AWAY!



## MODULE 3: NETWORKING TOPOLOGY, CONNECTIONS AND WIRING STANDARDS

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## CABLE CHARACTERISTICS

## - Cost

- Installation issues
- PLENUM Rating
- Bandwidth/Speed/Capacity
- Duplex/Half Duplex
- Serial/Parallel
- Distance/Attenuation
- Noise immunity
- Security


## TYPES OF COXIAL CABLE

| Network Type | Coax Type | Max Distance |
| :--- | :--- | :--- |
| Thin Ethernet baseband | RG58 | 185 METRES |
| Thick Ethernet baseband | RG8 / RG11 | 500 METRES |
| Cable TV broadband | RG6 | Variable |

## TYPES OF CABLE

- Coax connectors - BNC
- F



## TYPES OF CABLE

- Twisted Pair
- UTP
- STP
- CAT standards
- Connectors

Shielded twisted pair (STP)

Unshielded twisted pair (UTP)
CAT5E


CAT6A

## CAT TYPES

Cat 5e Four twisted pairs rated for 100 MHz , but can handle all four pairs transmitting at the same time (required for GB Ethernet). Cat 5 is essentially redundant (can you still buy it??).

Cat 6 Four twisted pairs rated for 250 Mhz. A standard from 2002. Used as a riser cable to connect floors, but for future proof best practice to install as standard for a new network.

## RJ45

- RJ45 plugs and sockets are most commonly used as connectors for Ethernet cable (UTP)
- Also known as 8P8C (8 position 8 Contact)
- Eight equally spaced conductors
- Terminated using a crimp tool



## RJ45 WIRING STANDARDS

- T568A
- T568B
- STRAIGHT THROUGH
- CROSSOVER
- ROLLOVER
- LOOPBACK


## T568A / T568B

## T568B is more common



## CROSSOVER



## LAB

## Create your own crossover cable



## ROLLOVER AND LOOPBACK CABLE

Console Cable used to connect Administrator to console port of a Router or Switch

Loopback Cable used for diagnostics and testing.

## FIBER OPTIC

- ST Connector (Straight Tip)
- SC Connector (Subscriber Connector)
- LC Connector (Local Connector)
- MTRJ (Mechanical Transfer Registered Jack)
- Single Mode Fibre (SMF)
- Multimode Fibre (MMF)


## MEDIA CONVERTER

Allow the conversions between different types of Fibre Optic or between Fibre and Ethernet.
These include:

- Single Mode Fibre to Ethernet
- Multi Mode Fibre to Ethernet
- Fibre to Coaxial


## TYPES OF CABLE

Other types of communications cables include:

- RS232
- USB
- FIREWIRE
- THUNDERBOLT


## PATCHING AND CABLING

MDF - Main Distribution Frame is a terminating point where cables are connected and can be jumpered to different locations IDF - Intermediate Distribution Frame, a smaller version of the MDF maybe on each floor of a building
Patch Panel - where circuits can be rerouted through the use of CAT 5 patch leads

## 66 / 110 BLOCK

66 Block used for Telephone systems 110 Block used for Cat 5/6 UTP systems
Fibre distribution panel


## TRANSCEIVER

Transceiver is a transmitter and a receiver, a device that both transmits and receives analogue or digital signals. The term is used most frequently to describe the component in local-area networks (LANs) that applies signals onto the network wire and detects signals passing through the wire.


## DEMARCATION POINT

The DEMARC or demarcation point is the point at which the telephone company or circuit provider network ends and connects to the wiring at the customer's premises.
A box such as an NIU (Network Interface Unit) or a CSU (Channel Service Unit) which carries out code or protocol conversion is commonly referred to as a SMART JACK. This is the terminating point between the TELCO and the customer network


## MODULE 4:ETHERNET SPECIFICATIONS

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## INTRODUCTION TO ETHERNET

The MAC address Ethernet Media Access Control address - the "physical" address of a network adapter

- Unique to a device 48 bits / 6 bytes long and displayed in hexadecimal
- Half-duplex - a device cannot send and receive simultaneously
- All LAN hubs are half-duplex devices
- Full-duplex - data can be sent and received at the same time
- A properly configured switch interface will be set to full-duplex


## CARRIER SENSE MULTIPLE ACCESS / COLLISION DETECTION <br> CSMA/CD

Short for Carrier Sense Multiple Access / Collision Detection.

- A set of rules determining how network devices respond when two devices attempt to use a data channel simultaneously (called a collision).
- Standard Ethernet networks use CSMA/CD to monitor the traffic on the line at participating stations.
- No transmission means the particular station can transmit.
- If two stations try to communicate at the same time this would cause a collision


## CSMA/CA (COLLISION AVOIDANCE)

- Used on Wireless Networks
- Nodes have to listen to detect if network is busy before sending
- Optionally may be implemented with Request To Send/Clear To Send (RTS/CTS)


## ETHERNET STANDARDS 802.3

## Ethernet descriptive labels

Eg: 10Base5
Equates to:
10 Mbps
Baseband signalling (one channel of communication at any time)
500 Metres maximum length
10Base2 (runs for 185 Metres)

## COMMON ETHERNET CABLE TYPES

| Ethernet Name | Cable Type | Max Distance | Notes |
| :--- | :--- | :--- | :--- |
| 10Base5 | COAX | 500 m | Thicknet |
| 10Base2 | COAX | 185 m | Thinnet |
| 10BaseT | UTP | 100 m |  |
| 100BaseTX | UTP/STP | 100 m | Cat5 upwards |
| 10BaseFL | FIBER | $500-2000 \mathrm{~m}$ | Ethernet over Fiber |
| 100BaseFX | MMF | 2000 m |  |
| 1000BaseT | UTP | 100 m | Cat5e upwards |
| 1000BaseSX | MMF | 550 m | SC Connector |
| 1000BaseCX | Balanced Shielded <br> Copper | 25 m | Special Connector |
| 1000BaseLX | MMF/SMF | 550 m (Multi) |  |
| /2000m(Single) | SC and LC Connector |  |  |

## ETHERNET OVER OTHER STANDARDS

- Ethernet over Power Line (Broadband over Power Line (BPL))
- Ethernet over HDMI


## COMMON ETHERNET CABLE TYPES

| Ethernet Name | Cable Type | Max Distance | Notes |
| :--- | :--- | :--- | :--- |
| 10GBaseT | UTP | 100 m |  |
| 10GBaseSR | MMF | 300 m |  |
| 10 GBaseLR | SMF | 10 km |  |
| 10GBaseER | SMF | 40 km |  |
| 10GBaseSW | MMF | 300 m | Used with SONET |
| 10GBaseLW | SMF | 10 km |  |
| 10GBaseEW | SMF | 40 km |  |

## MODULE 5:NETWORK DEVICES

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## COMMON NETWORK DEVICES

- Network Interface Card (NIC)
- Hub
- Bridge
- Switch
- Router

- Firewall
- Intrusion Detection System (IDS)
- Intrusion Prevention System (IPS)
- Access Point


## NETWORK INTERFACE CARD (NIC)

Unique identifier - Media Access Control address (MAC)


## HUBS AND REPEATER - LAYER 1 DEVICES

HUB enables a number of nodes to connect to a network (one per port) REPEATER retransmit signals (may clean and strengthen the signal) to increase distances between nodes


## BRIDGE - LAYER 2 DEVICE

A BRIDGE (or 'Transparent Bridge') connects two similar network segments together. Its primary function is to keep traffic separated on either side of the bridge, breaking up Collision Domains within a single Broadcast Domain


## SWITCH - LAYER 2 DEVICE

- Multiport bridges
- Operate at DATALINK layer
- Control collision domains
- Now used extensively instead of Hubs and Bridges
- May also incorporate LAYER 3 technology (VLAN)



## ROUTER - LAYER 3 DEVICE

Traditional LAYER 3 device (NETWORK Layer)
Forwarding based upon network layer IP address
Control Broadcast and Collision Domains
Can use multiple routing protocols


## FIREWALL

- Provide the first layer of defence in network security
- May be hardware or software (or both)
- Based on configuration rules
- Used to established Demilitarised Zones (DMZ)


## FIREWALLS - DMZ

## Used to protect the LAN from External attacks/intrusion



INTERNET

## FIREWALL - RULES



## IDS/IPS

Intrusion Detection System (IDS)

- Host Based (HIDS) or Network Based (NIDS)
- Passive Monitoring
- Anomaly Detection
- Signature Detection
- Heuristics

Intrusion Protection System

- Host Based (HIPS) or Network Based (NIPS)
- Active Monitoring


## IDS/IPS

## Honeypot / Honeynet

Used to monitor intrusion / attacks and conduct intelligence gathering
Used to deflect potential attacks


INTERNET

## WIRELESS ACCESS POINTS (WAP)

- Connects computers with wireless adapters to a network
- Access Point is a translational bridge
- 802.11b/g Access Points use CSMA/CD to connect to network (LAN) and CSMA/CA to communicate with other wireless devices



# DYNAMIC HOST CONFIGURATION PROTOCOL (DHCP) 

## Dedicated Server Role or Integrated with Network Device



## DHCP

## DHCP Client sends Broadcast packets to DHCP Server in order to acquire an IP address from the DHCP Scope (DORA) <br> - DHCP Discover <br> - DHCP Offer <br> - DHCP Request <br> - DHCP Ack



## DHCP SETTINGS

- Reservations (set on MAC address of client)
- Exclusions (used for statically assigned clients)
- Authorised on the network
- IP helper - client unable to receive address information
- Scope must be activated
- Clients will default to APIPA (169) address if no DHCP available
- Internet Connection Sharing (ICS) includes DHCP service


## SPECIALISED NETWORK DEVICES

## Multilayer Switch (MLS)

Works at Layer 2 and Layer 3 (Routing)
Very popular devices


## SPECIALISED NETWORK DEVICES

## Load Balancer

Fault Tolerance / Redundancy
Used to support servers such as:

- Web Servers
- FTP Servers
- Remote Desktop Servers
- VPN Servers
- Single node failure
- All nodes fail
- Intermittent connection



## ROUND ROBIN

Essentially this is a simple mechanism in which the content access request is responded to by the load balance in a rotational basis.

Geographically distributed web servers are best served by applying DNS load balancing round robin server content distribution. As an example a company can have a single domain name and four absolutely identical company home pages on four physical servers based in Europe, Asia, North America and Africa.


## DNS ROUND ROBIN

DNS round robin load balancing has one major advantage, it is extremely simple to implement, but it needs to be understood that it does have a number of potentially important drawbacks. These come from the very DNS hierarchy that it uses to perform its load balancing.

Load balancers use smart techniques to measure and respond to TTL times they will try to maintain a connection with a server to complete a user session using caching and TTL even if the server in question is failing and about to be unable to continue to service the network users.

This problem can result in unpredictability and even corrupt the DNS tables. This means that servers that have failed continue to receive requests for providing content to users despite the fact that they are down and therefore no longer available.

## DOMAIN NAMING SYSTEM (DNS)

- Resolves FQDN to IP addresses (Forward Lookup)
- Resolves IP addresses to FQDN (Reverse Lookup)
- DNS entries held in a database on a server called a Zone
- Zone is an area of contiguous namespace for which a DNS server is authoritative
- DNS Server is able to Forward requests and Cache responses in support of clients


## DNS RESOLUTION

Host File<br>Local Resolver Cache DNS<br>NetBios Cache WINS<br>Broadcast<br>LMHosts



## DNS ON THE INTERNET

## ROOT (.)



Google.com
FirebrandTraining.com

WWW.UK.FirebrandTraining.com
UK.FirebrandTraining.com

## DNS RECORDS

| RECORD | INFO |
| :--- | :--- |
| A | Host Record (IPv4) |
| AAAA | Host Record (IPv6) |
| PTR | Reverse Lookup Record |
| NS | Named Server Record (DNS Server) |
| MX | Mail Exchange (Email Server) |
| Alias (Cname) | Used to point friendly name records to other hosts |
| SOA | Start of Authority (controls DNS Zone transfers and <br> records) |
| SRV | Service Locator records (eg. location of Domain <br> Controllers and associated services) |

## SPECIALISED NETWORK DEVICES

## Proxy Server

Two main types:

- Caching Proxy
- Web Proxy

Reverse proxy (incoming from the Internet)


PROXY SERVER

## SPECIALISED NETWORK DEVICES

## PACKET SHAPER (TRAFFIC SHAPER)

- Allow for traffic management (bandwidth)
- Set against network profile
- May work with Quality of Service (QOS) configurations


## SPECIALISED NETWORK DEVICES

## VPN CONCENTRATOR

Dedicated device to handle multiple VPN (Virtual Private Network) connections and associated configurations


BASIC NETWORK DEVICE LAYOUT


## NETWORK DOCUMENTATION

Label and Tag everything

- System, port, circuit, patch panel

Physical and logical maps

- What does you network look like - network plan Baseline
- How does the network and traffic flow look normally Cable management
- ANSI/TIA/EIA 606

Change management

- How do you manage any changes to the network i.e. equipment upgrades


## MODULE 6:TCPIIP

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## DEPARTMENT OF DEFENSE (DOD) TCP/IP MODEL



## PORTS

- Allow applications or protocols to use specific values for connections
- Range from 0-65535
- 0-1023 are reserved for specified TCP/IP applications and are known as "Well Known Ports"
- Destination and Source port numbers
- Sockets include IP address and Port Number


## LOTS OF PORTS

- Non-ephemeral ports -permanent port numbers. Ports 0 through 1,023, usually on a server or service
- Ephemeral ports - temporary port numbers
- Ports 1,024 through 65,536
- Determined in real-time by the clients


## PORT RULES

- TCP and UDP ports can be any number between 0 and 65,535
- Most servers (services) use non-ephemeral (not-temporary) port numbers. You can have non standard ports
- Port numbers are for communication
- Around 1000 commonly used ports


## PORT NUMBERS

| Application Layer <br> Protocol | Port (s) | Transport Protocol |
| :--- | :--- | :--- |
| FTP File Transport <br> Protocol | $20 / 21$ | TCP |
| TELNET | 23 | TCP |
| SSH | 22 | TCP |
| DNS | 53 | TCP/UDP |
| DHCP | $67 / 68$ | UDP |
| TFTP | 69 | UDP |
| HTTP | 80 | TCP |
| HTTPS | 443 | TCP |
| SMTP | 25 | TCP |

## PORT NUMBERS

| Application Layer <br> Protocol | Port Number (s) | Transport Protocol |
| :--- | :--- | :--- |
| NETBIOS | $137,138,139$ | TCP |
| LDAP | 389 | TCP |
| IGMP | 463 | UDP |
| Secure LDAP | 636 | TCP |
| RDP | 3389 | TCP |
| NTP | 123 | UDP |
| NNTP | 119 | UDP |
| POP3 | 110 | TCP |
| IMAP4 | 143 | TCP |
| SNMP | 161 | UDP |

## INTERNET LAYER PROTOCOLS

- Internet Protocol (IP)
- Internet Control Message Protocol (ICMP)
- Address Resolution Protocol (ARP)


## INTRODUCTION TO IP

- Logistics
- Efficiently move large amounts of data
- Use a shipping truck where the truck is the IP and the container stores the data
- The network topology is the road
- Ethernet, DSL, coax cable
- The truck is the Internet Protocol (IP)
- The boxes inside the truck container hold your data which can be made up of TCP and UDP
- Inside these boxes is the data you need to send via 'DHL'



## TRANSPORT PROTOCOLS

## Transmission Control Protocol (TCP)

- Connection Orientated
- TCP Three Way Handshake - Syn, Syn-Ack, Ack
- Error correction - resend packet
- Flow control - the receiver can manage how much data is sent User Datagram Protocol (UDP)
- Connection-less - send the data out and you hope it arrives
- Used for streaming media, DNS and VOIP
- No formal open or close to the connection
- No error correction
- No flow control - sender determines the amount of data transmitted


# IP <br> IPv4 <br> IPv6 <br> Windows Clients use dual stack Command Line Utilities: <br> - IPCONFIG <br> - IFCONFIG (Linux/Unix) 



## ICMP

## Management and messaging for IP <br> Command line utilities:

- PING
- PATHPING
- TRACERT

```
C:4.
Administrator: Command Prompt
G:\Windows\system32>ping www.microsoft.com
Pinging e10G88.dspb-akamaiedge.net [92.123.111.162] with 32 bytes of data:
Reply from 92.123.111.162: bytes=32 time=27ms TTL=53
Reply from 92.123.111.162: bytes=32 time=27ms TTL=53
Reply from 92.123.111.162: bytes=32 time=27ms TTL=53
Reply from 92.123.111.162: bytes=32 time=27ms TTL=53
Ping statistics for 92.123.111.162:
    Packets: Sent = 4, Received = 4, Lost = 0 (0% loss),
Approximate round trip times in milli-seconds:
    Minimum = 27ms, Maximum = 27ms, Auerage = 27ms
G:\Windows\system32>
```


## ARP

## Address Resolution Protocol <br> IP to MAC Address <br> Reverse ARP (RARP) resolves IP from MAC address



## MODULE 7:IP ADDRESSING

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## INTERNET PROTOCOL (IP)

## IPv4

32 Bit Address Scheme
Divided into Network Address and Host
Subnet Mask
Broken in 4 Octets ( 8 bits)
Represented by dotted-decimal notation
Eg. 192.168.2.200 / 24
Or 192.168.2.200
255.255.255.0

## BINARY TO DECIMAL

To convert binary to decimal the easiest method is use a number line and matching 1 and 0 to the line:


The binary number 11001101 converted is:

$$
128+64+8+4+1=205
$$

Try converting 10100110 and 00001111

| DENARY | BINARY | HEX |
| :--- | :--- | :--- |
| 0 | 0000 | 0 |
| 1 | 0001 | 1 |
| 2 | 0010 | 2 |
| 3 | 0011 | 3 |
| 4 | 0100 | 4 |
| 5 | 0101 | 5 |
| 6 | 0110 | 6 |
| 7 | 0111 | 7 |
| 8 | 0001 | 8 |
| 9 | 1001 | 9 |
| 10 | 0110 | A |
| 11 | 1011 | B |
| 12 | 0011 | C |
| 13 | 1011 | D |
| 14 | 0111 | E |
| 15 | 1111 | f |

## BINARY TO HEX CONVERSION

```
Let the fun commence...
11001100
Break number into a nibble (4 bits)
1100 = 12 = C, 1100 = 12 therefore Hex is 0xCC (Ox to denote it is
a hex value)
```

Try converting 10110101 to HEX and then decimal

## SUBNETTING

The word subnet is short for sub network-a smaller network within a larger one. It allows us to make efficient use of IP addresses by allocating them in blocks.

Subnets have a beginning and an ending, and the beginning number is always even and the ending number is always odd. The beginning number is the "Network ID" and the ending number is the "Broadcast ID." You're not allowed to use these numbers because they both have special meaning with special purposes.


## CDIR (CLASSLESS INTER DOMAIN ROUTING)

IP addresses are assigned to networks in different sized 'blocks'. The size of the 'block' assigned is written after an oblique (/), which shows the number of IP addresses contained in that block.

For example, if an Internet Service Provider (ISP) is assigned a "/16", they receive around 64,000 IPv4 addresses. A "/26" network provides 64 IPv4 addresses. The lower the number after the / (oblique), the more addresses contained in that "block".

## SUBNET MASK

A subnet mask is a bitmask that encodes the prefix length in quad-dotted notation: 32 bits, starting with a number of 1 bits equal to the prefix length, ending with 0 bits, and encoded in four-part dotted-decimal format: 255.255.255.0.
$1^{\text {st }}$ Octet $2^{\text {nd }}$ Octet $3^{\text {rd }}$ Octet $4^{\text {th }}$ Octet 255 . 255 . 255 . 0

## CIDR (CLASSLESS INTER DOMAIN ROUTING)

| Class | Address | \# of Hosts | Netmask (Binary) | Netmask <br> (Decimal) |
| :---: | :---: | :---: | :---: | :--- |
| CIDR | 121 | 2,048 | 11111111111111111111100000000000 | 255.255 .248 .0 |
| CIDR | 122 | 1,024 | 11111111111111111111110000000000 | 255.255 .252 .0 |
| CIDR | 123 | 512 | 1111111111111111111111100000000 | 255.255 .254 .0 |
| C | 124 | 256 | 1111111111111111111111110000000 | 255.255 .255 .0 |
| CIDR | 125 | 128 | 11111111111111111111111110000000 | 255.255 .255 .128 |
| CIDR | 126 | 64 | 11111111111111111111111111000000 | 255.255 .255 .192 |
| CIDR | 127 | 32 | 11111111111111111111111111100000 | 255.255 .255 .224 |
| CIDR | 128 | 16 | 11111111111111111111111111110000 | 255.255 .255 .240 |
| CIDR | 129 | 8 | 11111111111111111111111111111000 | 255.255 .255 .248 |
| CIDR | 130 | 4 | 11111111111111111111111111111100 | 255.255 .255 .252 |

## SUBNETTING

## PUBLIC and PRIVATE address ranges allocated by IANA (Classfull Addressing) <br> PUBLIC Ranges: (Routable on the Internet)

| Class | Range | Hosts |
| :--- | :--- | :--- |
| A | $1-126 / 8$ | $16,777,214$ |
| B | $128-191 / 16$ | 65,534 |
| C | $192-223$ | 254 |
| D | $224-239$ | Multicast |
| E | $240-254$ | Development |

## Private Ranges: (Not routable on the Internet)

| Class | Range |
| :--- | :--- |
| A | $10.0 .0 .0-10.255 .255 .255$ |
| B | $172.16 .0 .0-172.31 .255 .255$ |
| C | $192.168 .0 .0-192.168 .255 .255$ |

## APIPA - Automatic Private IP Address

```
169.254.X.X

\section*{IPV6}

\section*{134 undecillion addresses}

128 bit Address Range
Displayed in hexadecimal format of eight 16bit groups, separated
by a colon (:)
Eg: 4002:0da4:72a3:0025:0000:6e53:0430:4241
May also be written as:
4002:da4:72a3:25::6e53:430:4241
(lead zeros removed)

\section*{IPV6}
- Double stack IPv4 runs with IPv6
- IPv6 tunnelling
- 6 to 4 to run IPv6 over IPv4 network
- Teredo for Linux or open source Miredo
- Tunnel IPv6 through NAT IPv4

\section*{NDP}

NDP (Neighbour Discovery Protocol) operates at the link layer of the Internet model and gathers various information required for internet communication.
Router Solicitation (RS) - Hosts inquire with RS messages to locate routers on an attached link.
Router Advertisement (RA)Routers advertise their presence together. Using various link and Internet parameters either periodically, or in response to a RS
Neighbour Solicitation (NS) - Neighbour solicitations are used to determine the link layer address of a neighbour, or to verify that a neighbour is still reachable via a cached link layer address.
Neighbour Advertisement (NA) - Neighbour advertisements are used by nodes to respond to a Neighbour Solicitation message.
Redirect - Routers may inform hosts of a better first hop router for a destination.

\section*{IPV6 CONFIGURATION}

\section*{Finding Router}
- ICMPv6 (ICMP port needs to be open for IPv6) adds the NDP routers, also sends unsolicited RA messages
- From the multicast destination of ff02::1 transfers IPv6 address information.
- Sent as a multicast NA to replace ARP (IPv4 only) to find MAC a address.

\section*{ASSIGNING IPV6 ADDRESSES}
- Static addressing can be useful as the IP address never change (think servers). The MAC address changes and Extended Unique Identifier (64-bit)
- We can use the 48 bit Mac address to form part of the IPv6 address
- We need to add to the 48 bit Mac address to make it 64 bit Conversion process
- Split the MAC into two 3-byte (24 bit) halves and put FFFE in the middle (the missing 16 bits)
- Invert the seventh bit which changes the address from globally unique/universal and turns the burned-in address (BIA) into a locally administered address.

\section*{IPV6 ADDRESSES}

Unicast - one to one (Same as IPv4)
Multicast - one to many (Similar to IPv4)
Anycast - one to one of many (Unique to IPv6)

Unicast Addresses:
- Global Unicast (similar to Public IPv4 addresses)
- Link Local Unicast (similar to APIPA IPv4 addresses)
- Unique Local Unicast (similar to Private IPv4 addresses)

\section*{SPECIAL IPV6 ADDRESSES}

\author{
Loopback Address \\ ::1 (127.0.0.1) \\ Link Local Addresses \\ FE80:: (Similar to APIPA addresses)
}

\section*{ICMPV6}

\section*{Replaces IGMP with Multicast Listener Discovery (MLD) Replaces ARP with Neighbour Discovery (ND)}

\section*{TROUBLESHOOTING IP}

\section*{Physical Network Components (NIC, Cables, Switches, Routers) Network Interface Card Configuration \\ - IPCONFIG \\ - PING \\ - TRACERT \\ - ARP \\ ```
S Windows Network Diagnostics \\ What type of networking problems are you having? \\ Windows tested your Internet connection and verified that you are able to access some websites. \\ Are you looking for help with a different issue? \\ t I'm trying to reach a specific website or folder on a network \\ l I'm having a different problem \\ Show me other network troubleshooting options.
```}

\section*{NETWORK ADDRESS TRANSLATION (NAT)}
- NAT allows for the continuation of private IPv4 addressing
- Translates between Private and Public IP networks (different to Routing)
- Simply replaces the source IP address (private) with that of the external (public) IP address to enable routing on the Internet
- Addition security features (Firewall)

\section*{NAT}

\section*{Basic NAT NAT-T (IPSEC) \\ NAT-PT (IPv6)}


\section*{MODULE 8: ROUTING}

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\section*{ROUTING TABLES}

Routing table provides the router with a 'map' of the network configuration and where it can receive and send packets to/from Typically routing table includes:
- Destination addresses
- Gateway locations
- Interfaces
- Cost (Metric)

\section*{WINDOWS ROUTING TABLE}

\section*{Route Print \\ Netstat -r}


\section*{ROUTING INFORMATION}

\section*{Routing Tables are updated by:}
- STATIC Routing (Routing information is manually configured)
- DYNAMIC Routing (Routing protocols automatically update routing information)

\section*{STATIC ROUTING}

\section*{ROUTE ADD}

\section*{Router Config}

'cIsco' RV325 Gigabit Dual WAN VPN Route
\begin{tabular}{|l|l|}
\hline Getting Started & Advanced Routing \\
\hline System Summary & \\
\hline
\end{tabular}

System Summary
- Setup

Network
Password
Password
Time
Time
DMz Host
Forwarding
Port Address Translation
One-to-One NAT
MAC Address Clone
Dynamic DNS
Inbound Load Balance
USB Device Update
- DHCP
-System Management
Port Management
- Firewall
vPN
- Certificate Management
- Log

SSL VPN
User Management
Wizard

Yanipulates network routing tables.
ROUTE [-f] [-p] [-4|-6] command [destination]
[MASK netmask] [gateway] [METRIC metric] [IF interface]
-f Clears the routing tables of all gateway entries. If this is used in conjunction with one of the commands, the tables are cleared prior to running the command.
-p When used with the ADD command, makes a route persistent across boots of the system. By default, routes are not preserved when the system is restarted. Ignored for all other commands, which always affect the appropriate persistent routes.

Force using IPv4.
-6 Force using IPv6.
command
One of these:
PRINT Prints a route
\(\begin{array}{ll}\text { DELETE } & \text { Adds a route } \\ \text { Deletes a route }\end{array}\)
CHANGE Modifies an existing route
destination Specifies the host.
MASK
Specifies the host.
Specifies that the next parameter is the 'netmask' value.
Specifies a subnet mask value for this route entry. Specifies a subnet mask value for this route entry If not specified, it defaults to 255.255 .255 .255 . Specifies gateway.
specifies the metric, ie. cost for the destination.

\section*{DYNAMIC ROUTING}

\section*{Routing Protocols}

\section*{Distance Vector}
- Use algorithms to calculate best routes based on distance (cost) and direction (vector)
- Transfer the whole routing table to other routers (up to a maximum number of hops)
- Routing tables are broadcast at regular intervals
- Used for small/medium size networks

\section*{DISTANT VECTOR ROUTING PROTOCOLS}

Routing Internet Protocol (RIP)v1
RIPv2 - increased security (authentication)
BGP Border Gateway Protocol (BGP) - used to connect Autonomous Systems (AS) across the Internet but is actually a hybrid protocol
(Autonomous Systems use classes of routing protocols Interior and Exterior Gateway Protocol (IGP and EGP)) Is often put as distant vector however...

\section*{BGP}

BGP is a path vector protocol is a network routing protocol which maintains the path information that gets updated dynamically. Updates which have looped through the network and returned to the same node are easily detected and discarded.

It is different from the distance vector routing and link state routing. Each entry in the routing table contains the destination network, the next router and the path to reach the destination.

Think of it as a HYBRID routing protocol

\section*{DYNAMIC ROUTING PROTOCOLS}

Link State - router has to be on to connect Open Shortest Path First (OSPF) More common IGP (OSPFv2 for IPv4, OSPFv3 for IPv6) IS-IS (Intermediate System - Intermediate System)

\section*{LINK AGGREGATION (LACP)}

The advantages of link aggregation in contrast with conventional connections using an individual cable include:
- higher potential transmission speed
- higher accessibility

\section*{LINK AGGREGATION RULES}

All of the aggregated links must:
- Be in full duplex mode
- Use the same data transmission rates (at least \(1 \mathrm{Gbit} / \mathrm{s}\) )
- Use parallel point-to-point connections
- Connect to precisely one endpoint on a switch or server. Won't work on multiple switches.

\section*{LINK AGGREGATION CONTROL PROTOCOL (LACP)}

LACP allows the exchange of information with regard to the link aggregation between the two members. This information is packetized in Link Aggregation Control Protocol Data Units (LACDUs).
Each individual port can be configured as an active or passive LACP using the control protocol.

Passive LACP: the port prefers not transmitting LACPDUs. The port will only transmit LACPDUs when its counterpart uses active LACP (preference not to speak unless spoken to).

Active LACP: the port prefers to transmit LACPDUs and thereby to speak the protocol, regardless of whether its counterpart uses passive LACP or not (preference to speak regardless).

\section*{LINK AGGREGATION CONTROL PROTOCOL (LACP)}

In contrast to a static link aggregation, LACP provides the following advantages:
- Even if one physical links fails, it will detect if the point-to-point connection is using a media converter, so that the link status at the switching port remains up. Because LACPDUs do not form a component of this connection, the link will be removed from the link aggregate. This ensures that packets will not be lost due to the failed link.
- Both of the devices can mutually confirm the LAG configuration. With static link aggregation, errors in the configuration or wiring will often not be detected as quickly.

\section*{ROUTING PROTOCOLS}

AUTONOMOUS SYSTEM (AS)


Interior Gateway Protocols:
RIP, IGRP, EIGRP, OSPF

\section*{HIGH AVAILABILITY ROUTING}

\author{
Use of 'Virtual Routers' \\ Hot Standby Router Protocol (HSRP) - Cisco proprietary Virtual Router Redundancy Protocol (VRRP)
}

\section*{IPV6 DYNAMIC ROUTING}

\section*{RIPng \\ EIGRPv6 \\ OSPFv3}

\section*{MODULE 9: SWITICHING \& VLANS}

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\section*{SWITCHES}

\section*{LAYER 2 Device}
- Used to create separate collision domains
- Managed or Unmanaged devices
- Learn the MAC address of host locations using MAC address forward/filter table


\section*{SPANNING TREE PROTOCOL (STP)}

Eliminates bridging loops (aka switching loops) Enables switches to detect loops, communicate with other switches and block potential loops taking place


\section*{VIRTUAL LAN (VLAN)}
- Switches provide a method of broadcast domain segmentation called Virtual LANs (VLANs)
- Layer 2 method of creating more broadcast domains
- VLANs logically divide a switch into multiple, independent switches at Layer 2, each in their own broadcast domain

\section*{VIRTUAL LAN (VLAN)}


\section*{VLANS}

Each VLAN behaves as if it were a separate switch
- Packets are forwarded only to ports on that VLAN
- VLANS require a TRUNK to span multiple switches VLAN Trunking Protocol (VTP)
- manages VLANs across a switched internetwork and maintains consistency throughout that network
- A port can be assigned to a given VLAN

\section*{VLAN}


\section*{VLAN}
, /lı, । 1 , Small Business
cisco111 Language: E
'Ilisco
cISCO SG220-50P 50-Port Gigabit PoE Smart Plus Switch
\begin{tabular}{|c|}
\hline Getting Started \\
\hline - Status and Statistics \\
\hline - Administration \\
\hline - Port Management \\
\hline - VLAN Management \\
\hline \begin{tabular}{l}
Default VLAN Settings \\
Create VLAN \\
Interface Settings \\
Port to VLAN \\
Port VLAN Membership GVRP Settings \\
Voice VLAN
\end{tabular} \\
\hline - Spanning Tree \\
\hline - MAC Address Tables \\
\hline - Multicast \\
\hline - IP Configuration \\
\hline - Security \\
\hline - Access Control \\
\hline - Quality of Service \\
\hline - SNMP \\
\hline
\end{tabular}

Create VLAN


\section*{ADDITIONAL SWITCH SETTINGS/PROPERTIES}

Dependant upon the type/manufacture of the device
- Quality of Service (QOS) - set DSCP values (Differentiated Services Code Point)
- Port Security
- Port Mirroring
- Port Bonding
- Flood Guards
- Multicasting

- Power over Ethernet (PoE) 802.3af/802.3at

\section*{NTP (NETWORK TIME PROTOCOL - PORT 123)}
- Switches, routers, firewalls, servers, workstations every device has its own clock. Synchronizing the clocks becomes critical for log files, authentication information, outage details and automatically.
- Accuracy is better than 1 millisecond on a local network
- Without system time synchronisation how will you follow what is happening across various devices via their logs if they are not in time.
- Ever used CCTV and there is a time offset, so the time you have does not match the time on the CCTV!

\section*{NETWORK TIME PROTOCOL}

\section*{NTP stratum layers}
- Stratum is how far the time signal is from the source clock
- Stratum 0 - Atomic clock, GPS clock
- Stratum 1 - Synchronized to stratum 0 servers primary time servers
- Stratum 2 - Sync'd to stratum 1 servers

Configuring NTP (port 123)
- specify the NTP server address (IP or hostname) you can use multiple NTP servers for redundancy (availability).

\section*{MODULE 10: WIRELESS NETWORKING}

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\subsection*{802.11 STANDARDS}
\begin{tabular}{|l|l|l|l|}
\hline Standard & Max Throughput & Frequency & Notes \\
\hline 802.11 a & 54 Mbps & 5 GHz & \\
\hline 802.11 b & 11 Mbps & 2.4 GHz & \\
\hline 802.11 g & 54 Mbps & 2.4 GHz & \\
\hline 802.11 n & Up to 600 Mbps & \(2.4 / 5 \mathrm{GHz}\) & MIMO \\
\hline 802.11 ac & Up to 1 Gbps & 5 GHz & MIMO \\
\hline & & & \\
\hline
\end{tabular}

\section*{WLAN SETUP}

\section*{Ad hoc mode}

Wireless clients connect to each other without an AP Infrastructure mode
- Clients connect through an AP through one of two modes
- BSSid (Basic Service Set ID) uses one AP
- ESSid (Extended Service Set ID) More than one access point exists

\section*{WIRELESS COMPONENTS}

\section*{Wireless Access Point (WAP)}

Wireless NIC
Wireless LAN (WLAN) Controller


\section*{WIRELESS SECURITY}

\section*{Threats}
- Rogue AP
- Evil Twin
- WAR Driving
- Man in the Middle (MitM) Attacks
- Denial of Service (DOS)

\section*{WIRELESS SECURITY}
- SSID Broadcast
- Default security settings
- MAC Filters
- Shielding
- Authentication
- Encryption


Configuration | MAC Filtering

Wireless MAC Filtering
Enable MAC Filtering
Select the devices (by listed name or MAC address) that you want to allow or block
MAC Filtering mode: Allow

Device
Select device \(\square\) Add

Add Custom MAC Address
MAC Address Add

\section*{INSSIDER SOFTWARE}


\section*{WIRELESS NETWORK SECURITY}

The effective range of a wireless network is very difficult to predict, being dependant on such factors as obstacles, building materials, metal shielding, radiated power etc

A site survey is used to locate the optimum site for a new WAP or to conduct ongoing security checks.
- The transmitted power levels can be reduced on most access points to limit the range to within your boundary
- The type of antenna in use also affects how far wireless signals can travel, directional will travel further than omnidirectional
- Antenna placement should also avoid objects that interfere and be central so that coverage is overall

\section*{WIRELESS SURVEY (HEAT MAP)}

Survey helps improve signal but also mitigate war driving


\section*{WIRELESS ANTENNAS}

Transmit and Receive
Two Classes:
- Omni-directional (point to multipoint)
- Directional (Yagi, Cantenna, Panel, Parabolic) (point to point)


\section*{WIRELESS NETWORK SECURITY}
- Mac Filtering - wireless networks can be made more secure by limiting the clients that are allowed to connect to the network
- This can be done by specifying the MAC addresses of the clients that can connect to the wireless network (whitelisting)
- This is configured on the wireless access point or router
- It is not fool proof because MAC addresses can be spoofed by the attacker for one of the allowed addresses

WLAN MAC Filter

Set MAC address filtering mode in the WLAN MAC Filter drop-down list box.
(1) Disable: Disable the WLAN MAC filter.
(2) Allow: Allow a client to connect to the device using the WLAN if the client's MAC address
exists in the MAC Address list.
(3) Deny: Deny a client's connection to the device using the WLAN if the client's MAC address
exists in the MAC Address list.


\section*{WIRELESS ENCRYPTION}

WPA - Wi-Fi Protected Access replaced WEP and initially was more secure. Still in common use but now relatively easy to crack.
- Also uses RC4 encryption but this time with a 48 bit IV but uses TKIP as part of the encryption process
- TKIP - Temporal Key Integrity Protocol combines the IV with the key before encrypting and also changes the session key dynamically after a number of packets
- The weakness of WPA is the passphrase, a length of under 12 characters makes it breakable in a reasonable time

\section*{WIRELESS ENCRYPTION}

WPA2 is the replacement for WPA and conforms to the 802.11 i standard for security
- Uses the AES encryption algorithm along with CCMP
- Has been broken but is still seen as secure
- CCMP - Cipher block Chaining Message authentication Protocol is the process used with AES to provide encryption and provide confidentiality along with authentication of frames
- Personal \& Enterprise. Personal uses a PSK and Enterprise some form of authentication system can be linked to SSO such as Kerberos.

\section*{WIRELESS ENCRYPTION}

Wireless authentication can be handled by the access point or by an external server such as RADIUS or TACACS+
The standard that covers external authentication is IEEE 802.1x
There are other authentication mechanisms that are part of the EAP -
Extensible Authentication Protocol framework. This allows for new technologies to be compatible with wireless. EAP is not usually encrypted
- LEAP - Lightweight EAP was developed by Cisco and was designed to replace TKIP in WPA
- PEAP - Protected EAP encapsulates EAP in a TLS tunnel which provides encryption

\section*{WIRELESS CONTROL}

\section*{Captive Portals}

Authentication technique used by companies to:
- Ensure logon credentials are used to access the WAP
- Request Payment for services
- Ensure Acceptable Use Policy / Health \& Safety / Privacy Policies are read before gaining access


\section*{MODULE 11: AUTHENTICATION \& ACCESS CONTROL}

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\section*{ACCESS CONTROL LIST (ACL)}

Often ACLs are utilised on routers to determine which packets are allowed to route through, based on the requesting device's source or destination Internet Protocol (IP) address or Port Number (Port Filtering)


\section*{TUNNELING}

\section*{Virtual Private Network (VPN)}

Provides a secure connection between 2 endpoints using a variety of authentication and encryption techniques for the following:
- Remote Access (RAS) - Host-to-Site
- Site-to-Site / Host-to-Host
- Business-to-Business (B2) / Extranet VPN

\section*{VPN TYPES}

The main types of tunnels to be familiar with:
- Secure Socket Layer (SSL)
- Layer 2 Tunneling Protocol (L2TP)
- Point to Point Tunneling Protocol (PPTP)
- IP Security (IPSEC)
- Generic Routing Encapsulation (GRE)

\section*{VPN TYPES}
\begin{tabular}{|l|l|l|}
\hline VPN & Port & Notes \\
\hline PPTP & 1723 & \\
\hline L2TP & 1701 & \\
\hline IPSEC & 500 & ESP (id 50) / AH (id51) \\
\hline GRE & 47 & \\
\hline SSL & 443 & \\
\hline
\end{tabular}

\section*{IPSEC}

\section*{Encapsulating Security Payload (ESP)}

Authenticating Header (AH) Security Association (ISAKMP)
- Tunnel Mode
- Transport Mode


\section*{ENCRYPTION}

\section*{SYMMETRIC}
- DES
- 3DES
- AES

ASYMMETRIC
- PUBLIC \& PRIVATE Key
- Diffie-Hellman
- RSA (Rivest, Shamir, Adleman)
- PGP (Pretty Good Privacy)


\section*{CITRIX}

\section*{Terminal Emulation}

Microsoft based Terminal Services on this technology


\section*{REMOTE DESKTOP}
- Microsoft Remote Desktop Services / Terminal Services
- Uses Remote Desktop Protocol (RDP - Port 3389)
- May be secured with HTTPS
- Allows for Remote Desktops for Administration, Remote Assistance and Remote Applications
- May also be utilised in Virtual Desktop Infrastructure (VDI)

\section*{VDI}

Virtual Desktop Infrastructure, or VDI, refers to the process of running a user desktop inside a virtual machine that lives on a server in the datacenter. It's a powerful form of desktop virtualization because it enables fully personalized desktops for each user with all the security and simplicity of centralized management.

Desktop virtualization is software technology that separates the desktop environment and associated application software device that is used to access it.


\section*{USER AUTHENTICATION}

AUTHENTICATION - Proving you are who you say you are!

Authentication protocols:
- Something that you know - Password/Pin
- Something that you have - Smartcard/token
- Something that you are - Biometric

\section*{USER AUTHENTICATION}
- Certificate Services (Public Key Infrastructure -PKI)
- Kerberos
- Active Directory (Domain)
- Local Authentication - Security Accounts Management (SAM)

\section*{AUTHENTICATION PROTOCOLS}
- Password Authentication Protocol PAP
- Challenge Handshake Protocol CHAP
- Microsoft CHAP MS-CHAP (MS-CHAPv2)
- Extensible Authentication Protocol EAP
- 802.1x - Network Access Control NAC

\section*{NETWORK ACCESS CONTROL}

\section*{Cisco NAC / Microsoft NPAS (NAP)}

Posture Assessment
- Antimalware
- Updates
- Firewall

Guest Networks
Quarantine Networks

\section*{A A A}

Centralized Authentication, Authorization and Accounting: Remote Authentication Dial-in User Service RADIUS Terminal Access Controller Access-Controller System TACACS+ (Cisco)

\section*{KERBEROS}

Authentication protocol for TCP/IP networks allowing centralization of authentication on a single server (Domain Controller)
- Uses UDP / TCP port 88
- Key Distribution Center
- TGT (Ticket Granting Ticket)
- TGS (Ticket Granting Session)

\section*{AUTHORIZATION}

\section*{- Permissions}
- Rights
- Access Controls
- Share / Security Permissions
- Security Groups


\section*{MODULE 12: NETWORK THREATS}

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\section*{SECURITY}

\section*{CIA}
- Confidentiality
- Integrity
- Availability

AAA
- Authentication
- Authorization
- Accounting


\section*{SECURITY THREATS}

\section*{Denial of Service (DOS)}

Distributed DOS (DDOS)
- Smurf
- Fraggle
- Botnet
- SYN Flood


\section*{SECURITY THREATS}
- DNS Poisoning
- ARP Cache Poisoning
- IP Spoofing
- Session Hijacking
- VLAN Hopping

\section*{MALICIOUS SOFTWARE (MALWARE)}
- Virus
- Worm
- Trojan Horse
- Rootkit
- Adware/Spyware

Antimalware / Antivirus
- System well patched and maintained

\section*{VULNERABILITIES}
- Unnecessary Services/Applications
- Unpatched Systems/Applications
- Open Ports
- Unencrypted systems
- RF Emanation/TEMPEST
- Insider Threats

\section*{WIRELESS SECURITY}
- WAR Driving / WAR Chalking
- WEP/WPA/WPA2 Cracking
- Rogue Access Point
- Evil Twin
- Bluejacking
- Bluesnarfing

\section*{SOCIAL ENGINEERING}
- Using or manipulating users for nefarious gain - Flattery and Authority
- Phishing
- Vishing
- Tailgating
- Shoulder Surfing
- Hoax

\section*{SECURITY POLICIES}
- Security Audit
- Clean Desk Policy
- Password Policy
- Acceptable Usage Policy

\section*{MITIGATION}

\section*{User Training and Awareness}

\section*{Patches and Upgrades}
- OS
- Application
- Drivers
- Firmware

Anti-Malware Software

\section*{NETWORK SECURITY MITIGATION}
```

- Firewalls
- IDS
- IPS
- PROXY SERVERS

```

\section*{VULNERABILITY SCANNERS}

NESSUS
NMAP
MBSA
OpenVAS


\section*{PHYSICAL SECURITY}
- Security Zones
- Proximity readers
- Mantraps
- Badges/Tags
- Comms Room Security

- CCTV
- Access Controls

\section*{RISK AVOIDANCE}

\section*{Disaster Recovery}
- Disaster Recovery Plan (DRP)

Business Continuity
- Business Continuity Plan (BCP)

Power
- Redundant systems
- Uninterruptable Power Supply (UPS)

\section*{REDUNDANCY}

\section*{DISKS}
- RAID

POWER
- UPS

SERVERS
- Clustering
- Virtualization

NETWORK
- Redundant Switches / NICs

\section*{RAID}

\section*{RAID 0 - Stripping \\ RAID 1 - Mirroring \\ RAID 5 - Parity \\ RAID 10 - Stripe of Mirrors}


\section*{MODULE 13: WIDE AREA NETWORKING}

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\section*{WAN MEDIA}

\section*{Copper Carriers (Telephone Industry)}
- T1 / T3 Lines

Fibre Carriers
- Synchronous Optical Network (SONET)(US)
- Synchronous Digital Hierarchy (SDH)(EUR)

\section*{COPPER CARRIERS}
\begin{tabular}{|l|l|l|}
\hline CARRIER & CHANNELS & SPEED \\
\hline T1 & 24 & 1.544 Mbps \\
\hline T3 & 672 & 44.736 Mbps \\
\hline E1 & 32 & 2.048 Mbps \\
\hline E3 & 512 & 34.368 Mbps \\
\hline
\end{tabular}

OPTICAL CARRIERS (SYNCHRONOUS OPTICAL NETWORK)
\begin{tabular}{|l|l|}
\hline SONET Optical Level & Line Speed \\
\hline OC-1 & 51.85 Mbps \\
\hline OC-3 & 155.52 Mbps \\
\hline OC-12 & 622.08 Mbps \\
\hline OC-24 & 1.244 Gbps \\
\hline OC-48 & 2.488 Gbps \\
\hline OC-192 & 9.952 Gbps \\
\hline OC-255 & 13.21 Gbps \\
\hline OC-768 & 39.82 Gbps \\
\hline
\end{tabular}

\section*{FIBRE - WAVELENGTH DIVISION MULTIPLEXING}

WDM - Allows for several different optical carriers on a single optical fibre by using different wavelengths.
Two technologies used are:
- DWDM - Dense WDM
- CWDM - Coarse WDM

\section*{PACKET SWITCHING}

\section*{Allows for protocols to use T and OC linked mesh connections to 'route' from one location to another \\ Originally used X. 25 (CCITT Packet Switching Protocol) Now mostly uses: \\ Frame Relay \\ Asynchronous Transfer Mode (ATM)}


\section*{FRAME RELAY}

Primarily used for T-Carrier lines
Uses Frame Relay Bridges and/or Routers
No guarantee of data integrity but low error rate Creates a Permanent Virtual Circuit (PVC)
A permanent virtual circuit (PVC) is a virtual circuit established for repeated use between the same types of equipment.

\section*{ATM}
- High speed reliable links used for:
- Voice
- Data
- Fax
- Media (Video/Audio/Imaging)


\section*{MULTI PROTOCOL LABEL SWITCHING (MPLS)}
- Replacement for Frame Relay and ATM
- The process of transporting IP packets by encapsulating them and using a label to specify a path through the network
- The idea is based upon removing the need for routing table lookups
- Labels can be based upon source address, QoS value or other parameters
- Labels can override the routing table
- MPLS can run over a variety of layer 2 technologies

\section*{‘THE LAST MILE’}

Connection between user and central office
- Dial-up
- Digital Subscriber Line (DSL)
- Cable
- Satellite
- Fibre
- Broadband over Powerline (BPL)

\section*{DIAL UP}
- POTS or PSTN
- Expensive
- Unreliable
- Requires a dial-up
- Uses Point to Point Protocol (PPP) to connect, authenticate and negotiate network protocol (TCP/IP)
V-Standards
- V. 22 (1,200Bps) - V. 92 (57,600 bps)

\title{
INTEGRATED SERVICES DIGITAL NETWORK (ISDN)
}

ISDN consists of two Channels:
Bearer (B Channels)
Carry Data, Voice information
Delta (D Channels)
Carry setup and configuration information
Basic Rate Interface (BRI) uses 2B+D
Primary Rate Interface (PRI) uses 23B+D (US)
8-30B+D (EUR)

\section*{DSL}

Asymmetric Digital Subscriber Line (ADSL)
Symmetric DSL (SDSL)
Very High Bitrate DSL (VDSL)
- Uses existing telephone lines via DSL modem
- Standard RJ11 connectors
- Low pass filters to remove DSL for telephone calls
- Always on

\section*{WIRELESS WAN}
- Cellular WAN
- High Speed Packet Access (HSPA+)
- WiMAX (World Wide Interoperability for Microwave Access)
- LTE (Long Term Evolution)

\section*{VOIP}

Uses existing IP network for voice calls
Uses three standards
- RTP - Real Time Transport Protocol
- SIP - Session Initiation Protocol
- H. 323

\section*{TROUBLESHOOTING WAN ISSUES}

Key problems areas:
- Lack of Internet connectivity
- Interface errors
- Split Horizon
- DNS
- Router configurations
- Security Policy (Firewalls)

\section*{MODULE 14:TROUBLESHOOTING}

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\section*{BASICS OF TROUBLESHOOTING}


\section*{TOOLS OF THE TRADE}
- Protocol Analyzer
- Throughput Tester
- Remote Desktop Software
- Command Line Tools
- Wireless Analyzer

The World's Most Popular Network Protocol Analyzer
Version 1.12 .3 (v1.12.3-0-gbb3e9a0 from master-1.12)

\section*{TCP/IP UTILITIES}

\section*{IPCONFIG}
/all
/displaydns
/registerdns
/flushdns
/release
/renew


\section*{IPCONFIG}

\section*{IFCONFIG (UNIX/LINUX) \\ Eth0 up (enables \(1^{\text {st }}\) Ethernet Card) \\ Eth0 down (disables)}


\section*{ICMP}

\section*{PING}

PATHPING
TRACERT
MTR (UNIX/LINUX) (Similar to TRACERT and PING)
```

cus Windows Command Processor
Microsoft Windows [Uersion 6.1.7601]
Gopyright <c> 2009 Microsoft Corporation. All rights reserued.
G:\Windows\System32>TRAGERT /?
Usage: tracert [-d] [-h maximum_hops] [-j host-list] [-w timeout]
Options:
-d
-h maximum_hops
-j host-list
-w timeout
-R
S sroaddr
-5
-6
G:\Windows\System32>_
Do not resolue addresses to hostnames.
Maximum number of hops to search for target
Loose source route along host-list (IPu4-only).
Loose source route along host-list <IPu4-
Trace round-trip path (IPu6-only).
Source address to use <IPu6-only).
Force using IPu4.
Force using IPu6.

## ARP

## Address Resolution Protocol IP to MAC Address

## cirs Windows Command Processor

|  | 回 | $x$ |
| :--- | :--- | :--- |

Microsoft Windows [Dersion 6.1.7601]
Copyright (c) 2009 Microsoft Corporation. All wights reserued.
C: \Windows $\backslash$ System32>arp $-\mathbf{a}$
Interface: 192.168-254.52 --- $0 \times 3$

Internet Address Physical Address
192-168 - 254-2
192-168-254-11
192-168-254 - 71
192-168-254.80
192-168-254.93
192-168-254-96
192-168-254-254
192-168-254 - 255
224.0.0.22
224.0.0.251
224.0.0.252
239.255-255 - 250

255-255-255-255
$\mathrm{G}: \backslash$ Windows $\backslash$ System32 $>_{\text {_ }}$

Type
dynamic
dynamic
dynamic
dynamic
dynamic
dynamic
dynamic
static
static
static
static
static
static
static

## NETSTAT

## -a (connections and listening ports) <br> -o (process ID) <br> -r (routing table)



## NBTSTAT

## -n (local system) <br> -c (cache) <br> -R (purge and reload cache)



## NSLOOKUP

## DNS Diagnosis <br> -Is (list) <br> -d (domain) <br> -t (type)

## Windows Command Processor - nslookup

```
C:\Windows\System32>nslookup
Default Server: ukecudc3.firebrandtraining. local
Default Server: ukecudc
help
Commands: <identifiers are shown in uppercase, [] means optional)
Commands: <identifiers are shown in uppercase, [] means optional>
NAME1 NAME2 - as aboue, but use NAME2 as server
Nelp or ? - print info on common commands
\mathrm{ setp OPTION}
    - set an option
                                    print options, current seruer and host
                                    print debugging information
            [no]de bug
            [no]d2
            Lno]d2
                            print debugging information information
```



```
            [no ]recurse
                    append domain name to each query
            [no]search
                    use domain search list
            [no luc
            - always use a virtual circuit
            domain=NAME
            domain=NAME - set default domain name to NAME
            srchlist=N1[/N2/ - -/N6] - set domain to N1 and search list to N1,N2, etc.
            root=NAME [---N6] set set domain to Neruer to NAME
            loot=N&ME (- set root seruer to NAME
            retry=X
            timeout=8
            - set number of retries to X
            timeout=
            - set initial time-out interual to }X\mathrm{ seconds
            type=X
            - set query type <ex. A,AAAA,A+AAAA,ANY, CNAME,MX,NS,PTR,
SOR, SRU)
    - same as type
    querytype =% 
    [no ]msxfis
    ixf ruer=\
seruer NAME
Seruer NAME
lser
                            |
                            use MS fast zone transfer
                            - current version to use in IXFR transfer request
- set default server to NAME, using current default server
loot
    set default server to NAME, using current defaul
    - set current default seruer* to the moot
    [> set current default seruer to the 
                initi
    lol
\ -d _ - lyPE list all records m
PTR etc:>
uiew
_> FILE] - list addresses in DOMAIN
- list canonical names and aliases
- exit sort an 'ls', output file and view it with pg
exit
```


## DIG

## UNIX/LINUX addition to NSLOOKUP

```
; <<>> DiG 9.7.2-P2 <<>> example.com -t ns
;; global options: +cmd
;; Got answer:
;; ->>HEADER<<- opcode: QUERY . status: NOERROR, id: 51966
;; flags: qr rd ra; QUERY: 1, ANSWER: 2, AUTHORITY: 0, ADDITIONAL: 0
; QUESTION SECTION:
;example.com. IN
    IN NS
; ANSWER SECTION:
example com. 86400 IN NS
example.com. 86400 IN NS b.iana-seruers.net.
    *
; Query time: 421 msec
;; SERUER: 8.8.8.8#53(8.8.8.8)
;; WHEN: Fri Oct 22 20:25:51 2010
;; MSG SIZE rcud: 77
```


## NETWORK MONITORING

## Baselines

- CPU
- RAM
- HDD
- NETWORK

Performance Monitor
System Logs (syslog)
Traffic Analyzer (Wireshark)
SNMP - Simple Network Management Protocol

## SIEM

Security information and event management (SIEM) is a term for software products and services combining security information management
Used for the collation of the following types of information:

- Data aggregation
- Correlation
- Alerting
- Compliance
- Retention
- Forensic analysis


## WINDOWS PERFORMANCE MONITORING




## SNMP MONITORING




## SIMPLE NETWORK MANAGEMENT PROTOCOL

- Allows the administrator to set a 'trap' on a device to collect information
- Uses UDP to send communication from the management system to the agent to get information or change configuration
- SNMPv3 adds message integrity, authentication and encryption.
- Uses port 161


## TESTING EQUIPMENT

## Multimeter

Testing resistance for shorts


## TONE LOCATORS AND TONER PROBES

## Locate cable runs



## CABLE TESTER

- Broken wires
- Improperly wired
- Cable shorts
- May record speed and settings (Certifier)



## CABLE TESTER (ADVANCED)

- Time-Domain Reflector (TDR)
- Optical TDR (for Fiber)



## CABLE ISSUES

- Bad wiring/connectors
- Crosstalk
- Near End/Far End Crosstalk
- Attenuation
- Collisions
- Shorts
- Echo (Open Impedance Mismatch)
- Interference/EMI
- Split pairs
- TX/RX Reverse


## FIBER CABLE ISSUES

- Cable Mismatch

Bad connectors/dirty connectors
Distance limitations
Bend Radius

## NETWORK ISSUES

- Web proxy failure - no internet access
- NIC failure - Cannot access network, APIA, look for lights, will loopback work - 127.0.0.1?
- Firewall - ACL, right order, blocked IPs, protocol, ports
- Switch failure - cannot access LAN
- Router Failure - cannot access parts of the network/WAN


## CABLE STRIPPER / CRIMPER



## BUTT SET

## Used to test Telephone Lines



## SYSTEM FAILURE

- Heat - check system fans, cooling, ventilation, HVAC, humidity.
- RAID - Check backplane, RAID battery
- Memory - Check it correctly seated, properly matched
- HDD/SSD - Replace as soon as it shows signs of failure when errors are reported, won't read or writ properly, bad clusters on HDD.
- CPU - CPU's fail usually when overloaded or heat, watch for intermittent system crash or system re-boots
- Power supply failure - system unresponsive 'no lights'
- Always check the physical elements first then work up the OSI model.


# MODULE 15 MANAGEMENT, MONITORING \& OPTIMISATION 

NETWORK+ 007

Your fastest way to learn. Guaranteed.
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## NETWORK MANAGEMENT

- Wiring Schematics
- Physical Network Diagram
- Physical Connections
- Network Devices
- Computers
- Peripherals



## PHYSICAL DIAGRAM

What happens if you have to rebuild your network from scratch?
Need a physical diagram all hardware and connections even current firmware versions, layout so you could replicate it should the worst happen.

## NETWORK MANAGEMENT

## Logical Network Diagram

- IP Address schemes
- Protocols
- User accounts



## NETWORK MANAGEMENT

## Asset Management

- ISO 19770

IP Address Management

- Documentation
- IPAM



## NETWORK MANAGEMENT

## Policies

- Security Policies
- Change Management

Standard Business Documents

- Statement of Work (SOW)
- Memorandum of Understanding (MOU)
- Master License Agreement (MLA)
- Service Level Agreement (SLA)


## CHANGE MANAGEMENT PROCEDURES

- Document reason for change
- Change request
- Configuration procedures
- Rollback Process
- Potential Impact
- Notification


## CHANGE MANAGEMENT PROCEDURES

- Approval Process
- Maintenance Window
- Authorized Downtime - Notification of Change
- Documentation


## NETWORK MANAGEMENT

## Safety Practices

- Electrical Safety
- Installation Safety
- Material Safety Data Sheet (MSDS)



## NETWORK MANAGEMENT

## Emergency Procedures

- Fire Escape Plan
- Safety/Emergency Exits
- Fail Open/Fail Close
- Emergency Alert System
- Fire Suppression System



## NETWORK OPTIMIZATION

Performance

- QOS

Unified Communications
Bandwidth

- Traffic Shaping

Load Balancing
High Availability
Caching Engines

## NETWORK OPTIMIZATION

## Backups

- Full
- Incremental
- Differential

| Backup Type | Data | Backup Time | Restore Time | Storage Space |
| :---: | :---: | :---: | :---: | :---: |
| FULL | All data | Slowest | Fastest | High |
| INCREMENTAL | New/Modified <br> data | Fast | Slower | Low |
| DIFFERENTIAL | All data since |  |  |  |
| last full | Moderate | Faster | Moderate |  |

## HYPERVISOR

Type I

## Guest 1 Guest 2 OS OS

Hypervisor
Hardware

Type II
Guest 1 Guest 2 OS

## Hypervisor

## Host OS

Hardware

## VIRTUALIZATION

- Power Saving
- Consolidation of Hardware
- Recovery / Duplication
- Test and Development
- Costs


## VIRTUALIZATION

- Virtual Networking (Switches)
- Virtual Hard Drives
- Virtual Desktops
- Virtual Applications
- Network/Infrastructure As A Service (NaaS)(IaaS)
- Platform As A Service (PaaS)
- Software As A Service (SaaS)


## VIRTUALIZATION

## Cloud Concepts

- Private
- Public
- Hybrid
- Community
- Elastic


